



#ISLANDWALKJSY

ISLAND WALK 4 8 M

SECTION 3

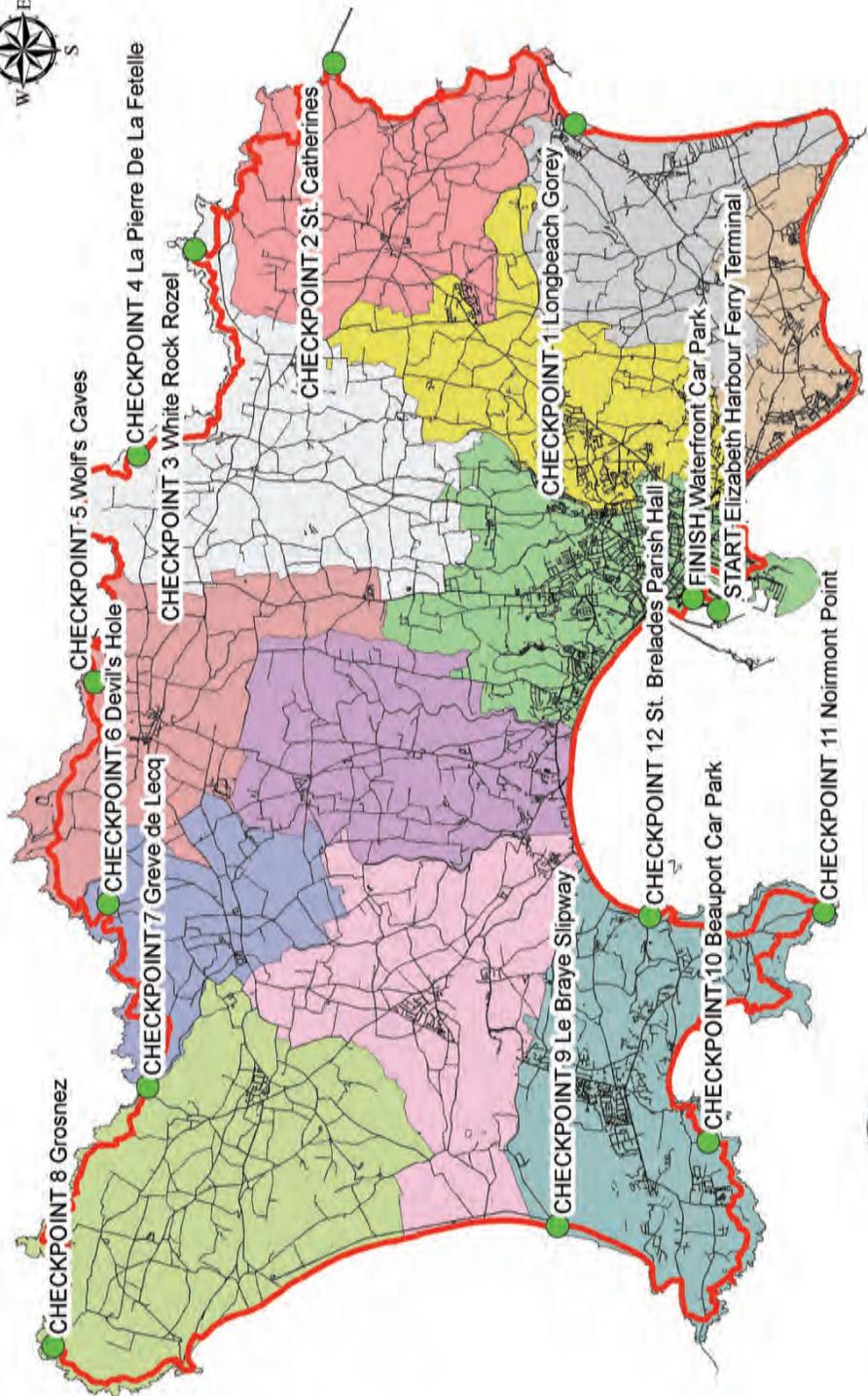


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Important Information

If you forget everything else PLEASE remember the following.

- » Remember to check OUT of every checkpoint
- » If you retire at a checkpoint please make sure you report to the checkout desk, tell them you are retiring and hand in your ticket booklet.
- » If you retire between checkpoints you MUST phone us on 07829 956244. We need to know that you have retired so please call us. It does not matter how late it is, so please let us know otherwise we could be searching the cliffs for you.
- » Remember your number, it will make checkouts easier.
- » Bags are stacked in "IN" and "OUT" piles. Remember to leave your bag in the "OUT" pile before leaving each checkpoint.
- » Walk with SOMEONE. Try not to be on your own.
- » PROTECT yourself from the sun, even if it is overcast.
- » Remember to DRINK water - lots and often.
- » Finally, if in doubt, GIVE UP. Don't let your head push your body too far. You don't want to be unable to walk for a week!
- » You must reach each Checkpoint before its closing time.

Retiring from the walk between checkpoints? Please call 07829956244

Walk Co-ordinators

General contact number on the day	07829 956244
Robert Syvret	07829 882604

Some useful phone numbers

Liberty Bus	01534 633506
Police - non-emergency	01534 612612

In an emergency dial 112 or 999



Les Fontaines Car Park to Devil's Hole

After leaving the checkpoint, avoiding a road that goes off to the right, continue straight on along the gravel pavement ahead. The pavement rises and falls again after passing Ronez Quarries.

Remain on the pavement as it bends right at the next road junction. Follow the sign post that says, 'Sorel Point' and which takes us along 'La Rue de Sorel'. When the pavement peters out, carry on along the tarmac. About 100 yards on is a standing stone, a finger post and a sign saying 'Cliff paths across private property - please keep to the path'. Turn left at the stone to get back on the cliff path.

After a short while you will come to a gate across the path with a notice stating that you are entering National Trust grazing land. A second gate further on marks the end of this area. Please ensure that you leave both gates securely closed.

We make our way to the far headland. When we reach the next headland, look back to Sorel Point to see the black and white lighthouse suspended on the cliff edge and the beautiful pink granite beneath it.

After descending a few steps, the far side of Le Mourier Valley appears before us, with the path leading out running diagonally across the hill side. At the bottom, cross the gravel track and rejoin the path at the other side. Go up this path, which eventually arrives at a flat grassy area at the top. Here, choose the wide grassy path on the extreme right that weaves its way through the gorse.

When we reach the road, beside the St. Mary's Millennium Stone, turn left and go up the lane for a few yards, then turn right into the car park on the right.

Checkpoint 6: Devil's Hole (Refreshment Point Only – No Bags)

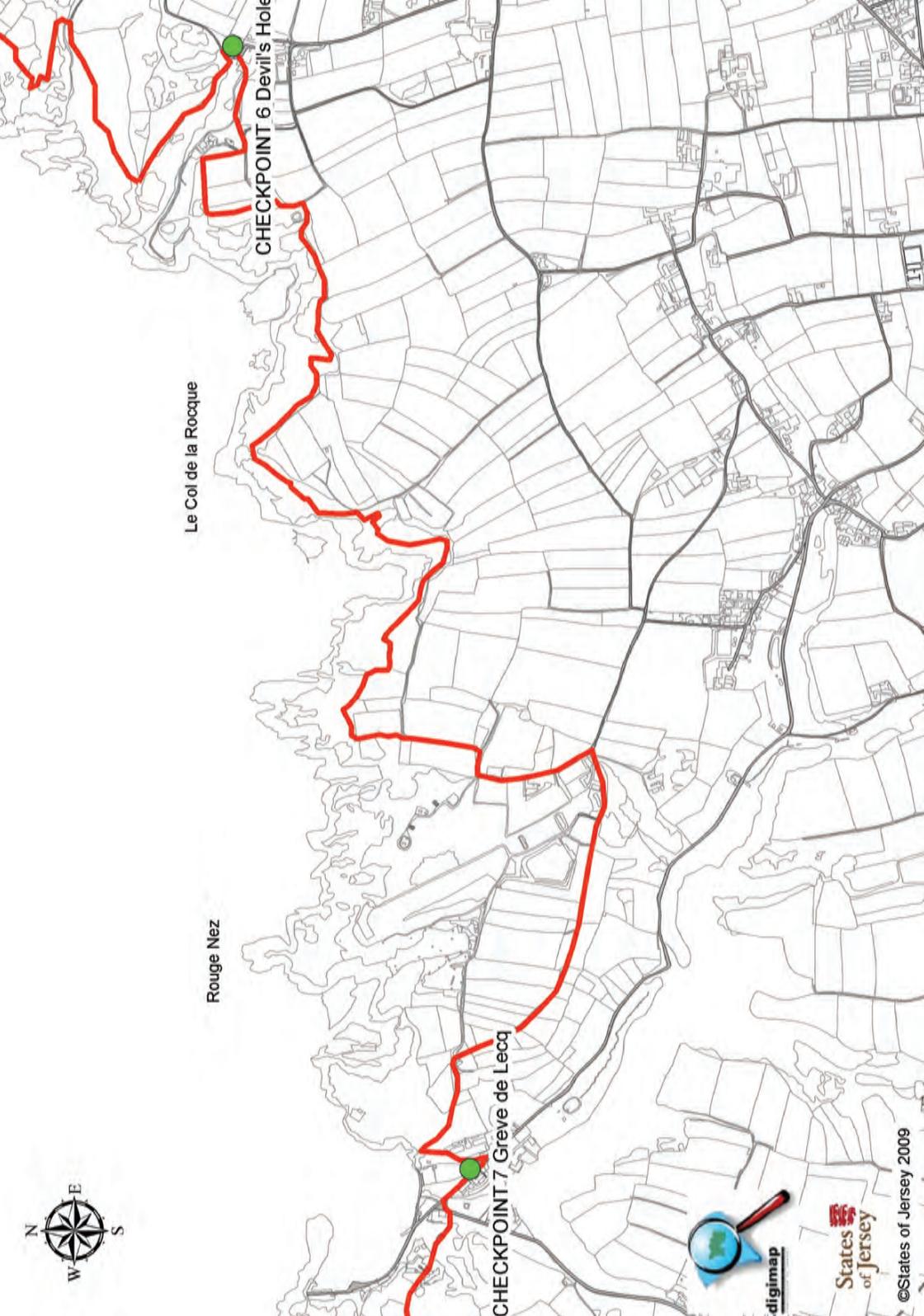
Section Length: 3.0 km / 1.9 miles

Start time

Cumulative Distance: 38.0 km / 23.7 miles

Finish time

[Before leaving checkout with the marshal](#)



Devil's Hole to Greve de Lecq (Refreshment Point Only - NO BAGS)

Leave the car park, turn left and go down the hill again. Pass the Millennium Stone again and, immediately after the cliff path, bear right to go down some steps beside a granite wall.

Cross the car park, avoiding the lane on the right that leads to the Devil's Hole. At the far side of the car park in a cul de sac on the right, we find the cliff path again: 'Cliff Path 2½ Miles to Greve de Lecq' says the sign.

Climb the steps and proceed ahead. The path winds its way through a patch of vegetation and comes out on a wide gravel track. Here, turn right and follow the track for a short distance as it bends right and becomes tarmac. Walk a few steps, then bear left through a kissing gate to rejoin the cliff path.

Continue along the path, it turns left and runs through a field, next to a rough hedgerow. It turns left again to follow a finger post and a green cliff path sign. This leads us along a wide grassy track between two narrow fields. Where this track meets another at right angles, turn right. The track bends left and we see a small reservoir below us. After about 30 yards, turn right to follow the cliff path sign. The track dips and narrows as it veers away to the right, then rises and divides. Bear right, to avoid the bridle path, and carry on past a dry stone wall and through a kissing gate. We reach a National Trust for Jersey sign on the left of the path, which says 'Le Col de La Roc'.

The path bears left and we ascend some steps, pass a dry stone wall and walk through a tunnel of vegetation. After a granite sign saying 'Crabbe ½ Mile Devil's Hole 1½ Mile', we cross a stream and the path rises up to a wooden fence on the right. A few minutes later we arrive at the end of this section of cliff path.

The path climbs slightly up to a bench, here we turn left and head inland towards two granite gate posts. Continue on through the gate posts, to go along a farm track which joins another at right angles, turn right here towards a gate. The track bends left at the gate and goes towards a farmhouse further on. After passing the farmhouse, Crabbe Farm, the gravel becomes a metalled road which then becomes tarmac. At the yellow line, turn right down 'Le Chemin du Catel'. As we near the sea, the lane bends left and gets steeper offering a superb view over Greve de Lecq bay and the assortment of fortifications scattered around this area. Pass the barracks on the left and, beside the Millennium Cross, cross over to the far pavement.

Checkpoint 7: Greve de Lecq (Refreshment Point Only – No Bags)

Section Length: 4.2 km / 2.6 miles

Start time

Cumulative Distance: 42.2 km / 26.3 miles

Finish time

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La Tete de Plemont

Le Grand Becquet

La Greve au Lanchon

CHECKPOINT 7 Greve de Lecq

CHECKPOINT 8 Grosnez

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Greve de Lecq to Grosnez

Walk along the pavement, then climb some steps into the car park on the left. Cross to the car park exit, and descend the hill for a few yards to reach the tarmac lane that runs next to the granite wall of the Prince of Wales Hotel. There is a sign post 'Cliff path to Plemont'.

Climb this steep lane which, in due course, becomes a gravel path. As it levels out, the path widens into a farm track which then becomes a tarmac lane. Take the next right which is signposted 'Cliff Path'.

The lane falls away gently, and bends between two houses. Just after the house on the right, 'Lecq Farm', the tarmac gives way to gravel again and we proceed on as the track rises. Where the track bends, we turn left to go down a narrow path that descends into a wooded valley.

A stream accompanies us as we head down hill. After crossing the stream, we make our way up the other side of the valley. At the top the path climbs a little more, dips and veers off to the right. Walk 100 yards or so and look out to sea, the large reef exposed at low tide is the Paternosters and the island behind it, Sark.

The path rises and a set of steps leads down into another valley. A third valley appears, this one wider and shallower than the previous two. Once clear of this one, a good stretch of level terrain rewards our previous efforts.

Soon we see the disused buildings of Plemont Holiday camp on the left and the headland of La Piece Michel, running out to sea, beneath us on the right. As we near La Piece Michel, climb the steps and proceed on over a very rough track that goes between the gorse bushes, widening as it approaches the holiday camp.

Back on tarmac, continue ahead.

Continue along the tarmac, passing two groups of three short steel posts set in the verge. When we draw opposite a green holding tank on the left, we'll notice a wooden way mark with a green top on the right. Turn right here to follow a narrow concrete path. When this path meets another broader, grassy path on the left, turn left onto this path. Pass two car park entrances and two finger posts on the left and, on reaching another path, turn right to go down it.

At the bottom, the path becomes very eroded, but press on to cross a narrow road and rejoin the cliff path. There is a green and white sign that says 'Grosnez'.

The route is relatively level for the next mile or so. After a short stretch of cement the path makes for a bench ahead. But, as we get nearer, the path forks. Take the left fork which leads us towards the castle ruins.

Checkpoint 8: Grosnez

Section Length: 5.3 km / 3.3 miles

Start time

Cumulative Distance: 47.5 km / 29.6 miles

Finish time

[Before leaving checkout with the marshal](#)





Grosnez to Le Braye Slipway

Leave the car park by going between the green way mark and the green Les Landes SSI sign. Follow the path as it passes to the right of a telegraph pole. The path swings to the right towards another way mark about 75 yards ahead. At this way mark, turn right to continue along the cliff path as it skirts the cliff. The path bends left and we can see a tall German sighting tower in the distance.

As we walk on, another way mark offers a choice of route. Here bear left to take the higher path that runs above a small quarry. As we approach a square concrete building, that looks like an unfinished garage, the path forks again. At this one take the right hand fork. Walk on and soon we meet the path coming up from the quarry. Go down some rough steps and turn left on reaching this path. Before long we get to another set of paths, at what looks like a crossroads, here turn right towards the German tower. The path dips and rises up some shallow steps to bring us out onto a broad, flat area in front of the tower. From here, we make our way to a way mark ahead, and continue on to pass between a square bunker on the right and a gun emplacement on the left. The path veers to the left behind the gun emplacement and allows us a magnificent view of Le Pinnacle, a natural megalith which suddenly appears in front of us.

Continue to the right to skirt the cliff, another way mark can be seen ahead. At the way mark, take the right hand path to follow the cliff edge, rather than going straight ahead.

The path rises and curves to the left. At the way mark ahead, turn right to cross the wooden bridge. Walk up the steps to the next way mark. Again we have a choice, here bear right to pass an unusual concrete shelter on the left. At the next fork, bear right again and carry on along the main path as we approach Le Pinnacle on the right.

Just after Le Pinnacle, we see another way mark ahead, continue on to pass it on the right then climb slightly. Stay on the path that is closest to the cliff. This bends left and right, rises and takes us to the right of a gun emplacement.

We should be able to see the south west corner of the Island, La Corbiere, away in the far distance, with the silhouette of another German sighting tower just piercing the horizon to the left of it.

Walk around the gun emplacement and take the second path on the right to the next way mark. Be careful here as we are very close to the edge!

The route is well defined and it is easy to see as it meanders through the gorse beside the cliff edge. In due course we pass a gun emplacement, with an old gun barrel in it, on the left. This is shortly followed by an observation post set into the cliff side on our right. The path cuts its way through the gorse towards another artillery piece, just above us and to our left.



Grosnez to Le Braye Slipway (continued)

Pass this, and another gun emplacement surrounded by green railings just beyond, then another way mark on the right. Walk towards the sandy beach in the distance and before long we see another way mark about 50 yards ahead. Pass this way mark on our right and continue on as the path descends. Another way mark presents itself, walk towards the gorse ahead as if heading for the cliff edge. As we get closer, the path becomes clearer and another way mark appears about 10 yards away. A 'W.D. No.14' marker lies behind it.

At this way mark, turn almost hairpin right to descend the cliff path as it heads for the road below. When we get to the road, turn right and using care, walk down the hill to circle the rocky outcrop. We pass a lane that goes to Le Pulec beach on the right then a tiny granite cottage on the left.

At the gravel car park, we can either walk down the slipway and carry on along the beach (high tide is at 21:50hrs BST). Or, if the tide is too high, we should continue along the road. We pass a row of cottages on the right and a lane that enters from the left. We are on Rue des Havres. Walk on to pass a large building with three dormer windows in the roof, then take the next right to follow Route 1 of the Cycle Network. Just before reaching the slipway, turn left to follow a narrow stretch of tarmac that runs parallel to the seashore. When this lane veers to the left, bear right and go straight on along a wide sandy track above the sea wall. The sand gives way to pebbles and the track emerges at the top of another slipway. Cross the road into a rough car park on the far side. Go through the car park to the sea wall then, using care, walk along the granite sea wall towards the building with the musket slits. Despite its appearance, this is not a Napoleonic fort, it was built as a private house.

Once past this building, when the sea wall becomes impassable, cut along the sandy path through the marram grass, going in the direction of the Martello tower in the distance. Before long we return back to the sea wall. As we near Les Laveurs slipway, the sea wall suddenly grows about four feet taller, forcing us to bear left through the dunes. Make for the gravel car park, approximately 100 yards away on the left.

When we reach the road, we can either turn right, walk down to the beach and, after turning left continue along the sands of St.Ouen's Bay.

Or turn left, walk up to the junction, then turn right and carry on along the gravel foot path. If we choose this route, the next check point, Le Braye, is opposite the 4th turning on the left, which is at a crossroads. It is easy to see, as there is a yellow phone box adjacent to the turning.

If we walk on the beach, the Le Braye check point can be reached by coming off the beach at the second slipway, almost opposite La Rocco Tower, the tall granite fortification just out to sea.

To walk on the sea wall, cross the gravel car park to a gap in the wooden fence, to the left of the cycle racks. Go through this gap and follow the path to pass the Martello tower and the bunker on our right. After the bunker, bear right to get back on the sea wall.



Grosnez to Le Braye Slipway (continued)

The path beside the sea wall is quite well defined in the marram grass.

Needless to say, it's best to keep a good distance from the sea wall where there are no railings, as in some places the wall is dangerously high.

Proceed ahead towards another Martello tower. On our way through we cross over a German fortification and then a pebble car park. As we near the tower, walk just to the right of the bunker ahead. After the tower, we cross another rough car park to get to the promenade ahead on the right, bordered by railings. At the end of the promenade is a slip way and a large German bunker. To rejoin the promenade on the far side, turn left at the slip and go between the bunker and the café on the right.

Walk along the promenade, passing an unusual white stone cottage; La Caumine a Marie Best, and a café a little further on.

When the promenade finishes, bear left to continue on beside the sea wall. The next slip way ahead is Le Braye, and the check point is just behind the wide building ahead. As we get nearer, the path bends to the left, away from the sea wall.

Checkpoint 9: Le Braye Slipway

Section Length: 8.4 km / 5.2 miles

Start time

Cumulative Distance: 55.9 km / 34.8 miles

Finish time

[Before leaving checkout with the marshal](#)