



# ISLAND WALK 4 8 M

SECTION 2

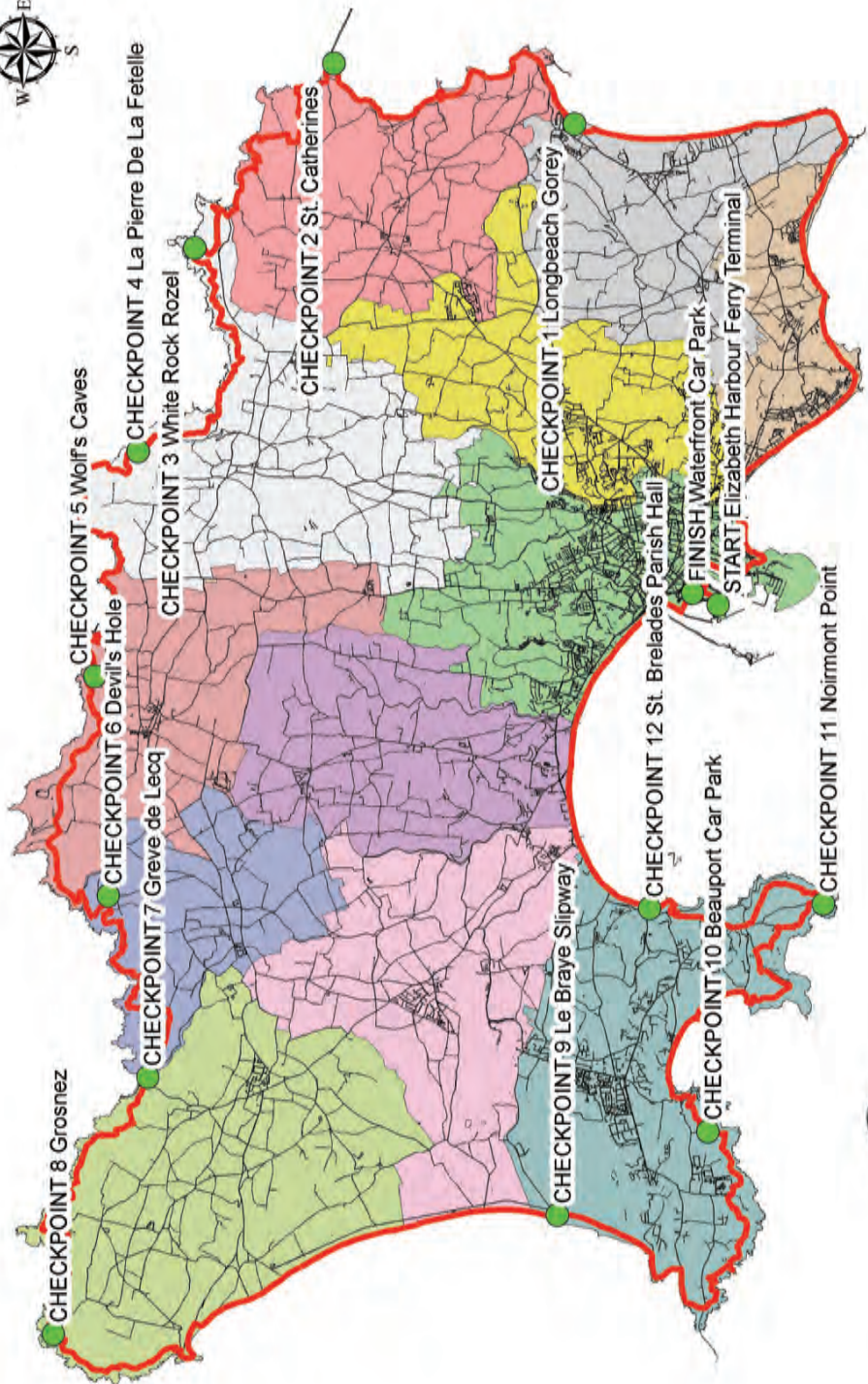


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## Important Information

If you forget everything else PLEASE remember the following.

- » Remember to check OUT of every checkpoint
- » If you retire at a checkpoint please make sure you report to the checkout desk, tell them you are retiring and hand in your ticket booklet.
- » If you retire between checkpoints you MUST phone us on 07829 956244. We need to know that you have retired so please call us. It does not matter how late it is, so please let us know otherwise we could be searching the cliffs for you.
- » Remember your number, it will make checkouts easier.
- » Bags are stacked in "IN" and "OUT" piles. Remember to leave your bag in the "OUT" pile before leaving each checkpoint.
- » Walk with SOMEONE. Try not to be on your own.
- » PROTECT yourself from the sun, even if it is overcast.
- » Remember to DRINK water - lots and often.
- » Finally, if in doubt, GIVE UP. Don't let your head push your body too far. You don't want to be unable to walk for a week!
- » You must reach each Checkpoint before its closing time.

Retiring from the walk between checkpoints? Please call 07829956244

Walk Co-ordinators

General contact number on the day	07829 956244
Robert Syvret	07829 882604

Some useful phone numbers

Liberty Bus	01534 633506
Police - non-emergency	01534 612612

In an emergency dial 112 or 999







## White Rock to La Pierre De La Fetelle

THE NEXT TWELVE MILES OF THE WALK ARE ALONG CLIFF PATHS, WHICH CAN BE STEEP, NARROW AND VERY CLOSE TO THE EDGE. PLEASE TAKE CARE WHERE YOU WALK ON THESE SECTIONS.

Walk towards the far left hand corner of the car park and leave the checkpoint near the metal gate. Walk straight on and the cliff path becomes apparent, veering off to the left near a granite way mark and a wooden foot path sign.

The route along the cliff path is quite easy to follow. After half a mile the path crosses a rocky out crop and soon after we pass a path on the left, ignore this path and continue to the right on the coastal path.

Some time later the path rises and meets another wider path at right angles. Here turn right to descend towards the sea and L'Etacquerel Fort, a Napoleonic battery, that lies below. The path continues to drop until we pass through a shady glade with a stream running through it, then begins to wind its way up the hillside, finally emerging on a grassy plateau beside a secluded bungalow. Walk on, with the house on our right, then proceed straight ahead, over some wooden steps to rejoin the cliff path. Don't bear left up a wide gravel track marked 'Private'.

Soon after, the path divides again. Here keep to the right, to descend into a small valley that has a stream and a foot bridge. Once clear of the bridge bear right to climb out of the valley. At the next summit, avoid a path that turns inland but bear right towards Bouley Bay. One final ascent up a flight of stairs and the whole sweep of Bouley Bay lies before us.

A second flight takes us almost down to sea level. We stroll above the rocky beach for a few moments, then the path rises and weaves its way through dense woods.

Just after passing the Water's Edge Hotel on our right, we arrive at a footpath on the right, that takes us down to Bouley Bay. Walk down the steps, and through a car park, to reach the road. At the road turn left and go up the hill for about 50 yards. On the right hand side of the road is a granite way mark saying 'Cliff Path to Bonne Nuit', turn right up this path and ascend the steps. At the top we come out on a wide grassy track that heads inland above fields on the left. Go up the track for about 200 yards, then turn right up some steps that start next to a granite way mark. Follow the path as it runs straight ahead between fields and scrubland. The path winds and dives as we make for the next checkpoint. This is in a field on the left side of the path, in which we can see some concrete foundations.

### Checkpoint 4: La Pierre De La Fetelle, Trinity

Checkpoint Closes at 10:30

Section Length: 4.8 km / 3.0 miles

Start time .....

Cumulative Distance: 27.3 km / 17.0 miles

Finish time .....

Before leaving checkout with the marshal





## La Pierre De La Fetelle to Les Fontaines

Leave the check point by returning to the cliff path below and turning left. Proceed along the path into woodland. On reaching a granite way mark, next to a finger post, turn right to descend a heavily eroded path that drops away quite steeply and veers slightly to the right. As we near the bottom, we cross rocks and approach a stream that flows past on the left. We meet a wide gravel track and see a granite way mark, "Cliff path to Bonne Nuit 1982", turn right to follow the track as it heads towards the sea.

Leave the memorial and the fishermen's cottage, the path sweeps away to the left, as we climb some steps.

The path rises and we can see our route ahead for some distance. The path bends to the right as we approach a rocky outcrop, climb two short flights of steps and turn left to follow a wide grassy track that climbs in front of us. A few yards further up, on reaching a signpost, bear right and climb the steps to get onto the path that goes to Bonne Nuit. We dodge an encroaching hawthorn and, as we round the corner, we are rewarded with a perfect panorama of Bonne Nuit Bay in the distance. Continue on until a fork in the path, choose the lower path on the right and descend further.

The bay below is Giffard Bay, apparently a popular place for nude sunbathing. I can't verify this, but I remain optimistic.

Above us is the Island's highest point at 554 feet. One can spot the radar station there as we reach the next headland. Cross two tiny streams, then the path rises towards a sign that says 'No Horses or Motorcycles'. On arriving at the sign we meet another path running at right angles, turn right and follow this path as it drops away down steps before us. The path levels out and after a few steps we are at La Crete Fort.

A wide gravel track takes us away from the fort, follow it past a modern cottage. The gravel turns to concrete as we skirt a building on the right. The track swings right and we emerge in a car park, where we turn left, and ascend to the road above. At the road, turn right and walk down the steep hill.

Just after the bend, veer left and begin climbing again. This hill is Les Charrieres de Bonne Nuit. Walk up the hill and, about 100 yards after the bend, we reach some steps on the right. Look out for the granite way mark that says, 'Cliff path to La Saline'. Go up the steps. At the top another breathtaking view awaits us.

At the top, when the steps finish, follow the path to the left, as it winds through the gorse over a rocky outcrop. A level, well surfaced stretch leads us to towards a TV Mast. Before reaching the TV mast by some steps on your left the path turns right away from the original route and drops down the cliff side. Follow this path as it drops towards a rocky outcrop after the rocky outcrop it rises again to meet the original path. The path rises and we pass the tall transmitter mast on our left. A long run of steps takes us back towards sea level. Where the grassy path meets a wide gravel track, turn left to go up this track as it heads inland. As we go up, the gravel gives way to tarmac and we pass through a pair of gates. At the road, turn right to walk along a gravel pavement bordered by a chain link fence.





## La Pierre De La Fetelle to Les Fontaines (continued)

Walk the length of the fence. Just after the fence finishes, bear right towards a bench and a gap in the vegetation ahead. Carry on along the rough path, pass some banks of earth on the left, and make for the corner of the wooden fence in the distance. At the corner of the fence bear right to climb a shallow hill with a bench on it. The path goes to the right of the bench, veers towards a wooden fence on the right and descends through hawthorn trees, to rise and meet the gravel pavement again. Here, bear right to continue along the pavement for a short distance.

We then reach the next checkpoint opposite Les Fontaine Tavern in a car park on the right.

### Checkpoint 5: Les Fontaines

Checkpoint Closes at 12:45

Section Length: 7.7 km / 4.8 miles

Start time .....

Cumulative Distance: 35.0 km / 21.8 miles

Finish time .....

Before leaving checkout with the marshal