



#ISLANDWALKJSY

ISLAND WALK 48M

SECTION 1

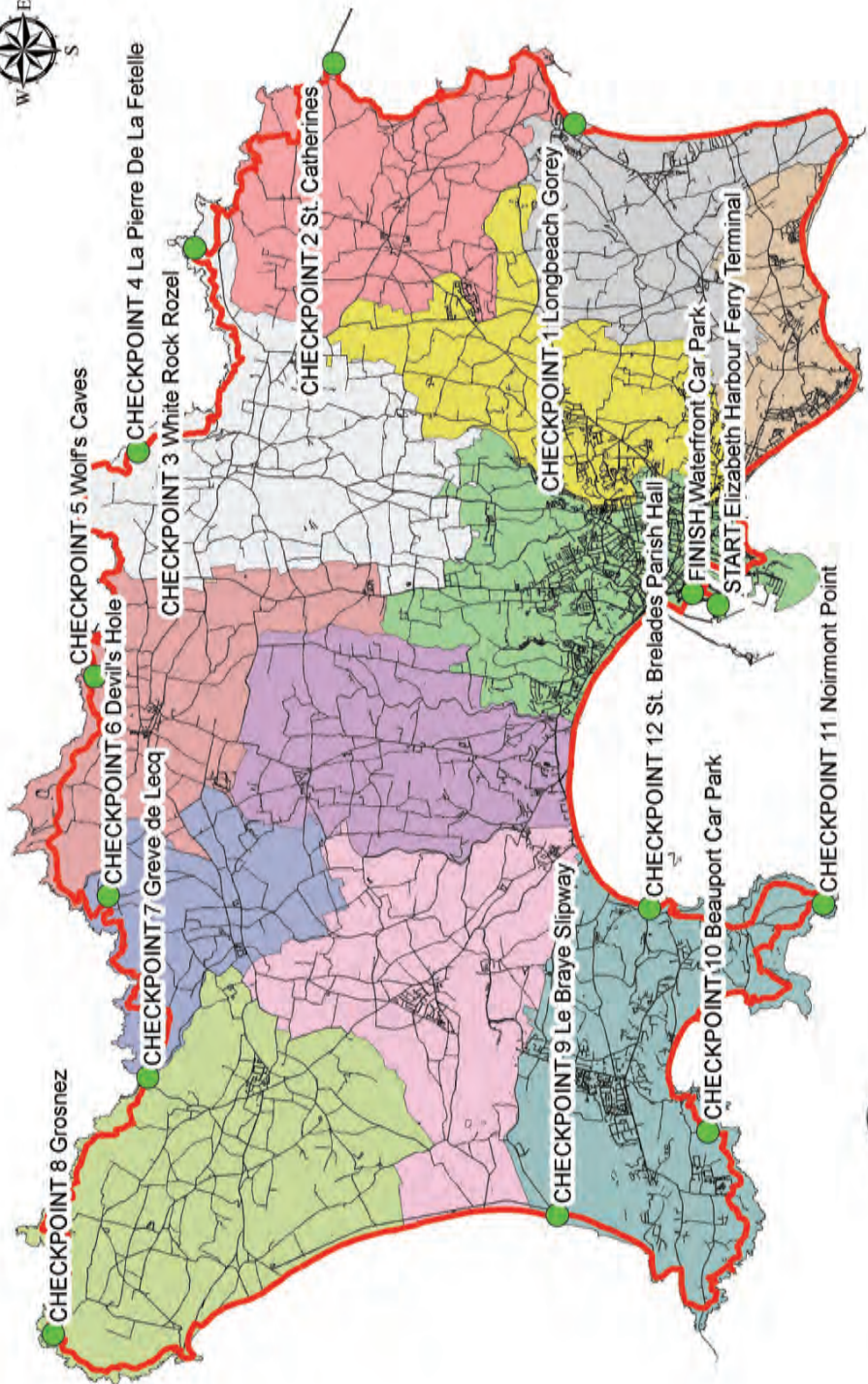


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Important Information

If you forget everything else PLEASE remember the following.

- » Remember to check OUT of every checkpoint
- » If you retire at a checkpoint please make sure you report to the checkout desk, tell them you are retiring and hand in your ticket booklet.
- » If you retire between checkpoints you MUST phone us on 07829 956244. We need to know that you have retired so please call us. It does not matter how late it is, so please let us know otherwise we could be searching the cliffs for you.
- » Remember your number, it will make checkouts easier.
- » Bags are stacked in "IN" and "OUT" piles. Remember to leave your bag in the "OUT" pile before leaving each checkpoint.
- » Walk with SOMEONE. Try not to be on your own.
- » PROTECT yourself from the sun, even if it is overcast.
- » Remember to DRINK water - lots and often.
- » Finally, if in doubt, GIVE UP. Don't let your head push your body too far. You don't want to be unable to walk for a week!
- » You must reach each Checkpoint before its closing time.

Retiring from the walk between checkpoints? Please call 07829956244

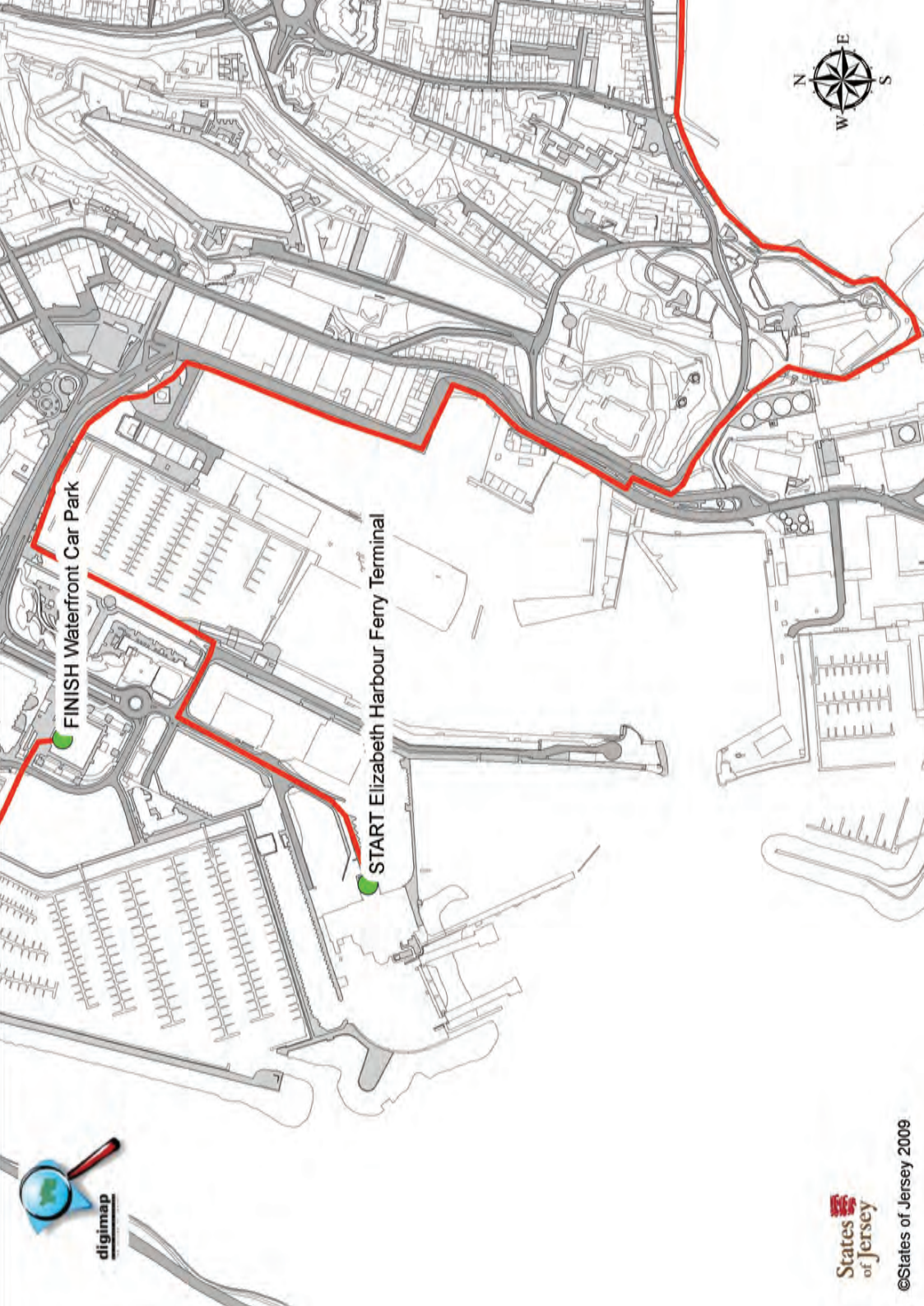
Walk Co-ordinators

General contact number on the day	07829 956244
Robert Syvret	07829 882604

Some useful phone numbers

Liberty Bus	01534 633506
Police - non-emergency	01534 612612

In an emergency dial 112 or 999



Elizabeth Quay Ferry Terminal to Longbeach Car Park

As you cross the start line please ensure have your ticket scanned before leaving.

Leave the Ferry Terminal and follow the road to the left as it heads towards the town of St Helier. Pass two double-gabled warehouses on the right, then take the first right to emerge on a pier bordered by white railings by the cafe.

Bearing left, walk over to the railings adjacent to the harbour and continue beside them towards the top of the pier. At the top, turn right to follow the walkway passing the Liberation Statue on the left and The Steam Clock on the right.

Where the walkway ends, cross straight over to carry on between the 'ship' benches and the railings bordering the harbour. When we reach the end of the railings, tide permitting, turn right to cross the small harbour. Once out of the harbour, walk along a short stretch of pavement before dropping into another small harbour. Climb the steps out of the harbour and cross the entrance to South Pier to join the cycle track ahead. Follow the cycle track passing a small boat park and car park on the right. At the end of the car park cross the entrance to Victoria Pier and continue to follow the cycle track.

Immediately after the entrance to Victoria Pier the cycle track is routed to cross the road via a central refuge marked with yellow bollards. Cross the road at this point and continue to follow the cycle track to the right.

Continue along the cycle track passing a red post box and several entrances on the left until you come to a left turn signposted 'Reclamation'. Turn left and continue to follow the cycle track. Pass under a bridge carrying pipes across the road and turn immediately left marked by a yellow sign 'Cycle Track'. Continue along the cycle track passing between the power station on the left and the incinerator plant on the right and pass under a second bridge carrying pipes overhead.

A path joins from the left and we continue on the cycle path along the old promenade as it skirts the beach at Havre des Pas. Walk on, crossing a slipway and passing hotels and restaurants until emerging beside the main road. Here, turn right to pass the Bathing Pool, a large building joined to the land by a pier.

Pass the Bathing Pool and the ornate Victorian facades of the hotels and houses, until we reach a junction, where we turn right towards a squat granite building beside a slipway. Follow the pavement, passing the slipway and the granite building on your right. In the last few yards we have left St Helier and are now in the narrow strip of St Saviour that boasts a coastline and within minutes we will be in St Clement.

We pass a filling station on the left and soon reach a slipway which heralds another stretch of beachside walking.

The dangers of the surrounding reefs are further endorsed by the lighthouse on the sea wall ahead.

The pavement dips and rises as it passes La Mare slipway. Once again we lose sight of the sea as we pass a shop and a tiny Methodist chapel on the left. Avoid a turning on the right that goes to the sea at Green Island.



Elizabeth Quay Ferry Terminal to Longbeach Car Park (continued)

Walk on until the pavement ends, then cross over to continue eastwards on the far pavement. On reaching a small war memorial, slightly set back, in front of St Clement's Parish Hall, cross over again to a patch of grass that borders the beach. Carry on in the direction of the Jersey round tower, Le Hocq Tower, leaving the green by the gap in the roadside wall. Bear right to follow the main road as it climbs gently to the left. When the pavement ends, walk on the roadside for a short distance.

After the slipway, we regain the pavement but lose our sea view for a mile or so.

The road meanders, rises and falls, as we approach Jersey's south-east corner at La Rocque Harbour.

Continue, past a lane off to the right, on the right hand side of the road until a pavement on the other side of the road appears. When this pavement finishes, just beyond the corner, cross over to the gravel car park. Turn left and walk towards the telephone box at the far end.

Cross the slipway ahead and follow the granite seawall. We leave the pavement as the road straightens and we are obliged to walk on the roadside once more. Pass what looks like a block of 1930's apartments on the right, strangely close to a Jersey round tower; St.Sampsons Tower. We catch a brief glimpse of the sea as we pass the Seymour Inn on the left. Shortly we pass another Jersey round tower, Keppel Tower and, within another few hundred yards, yet another. This one has had a house constructed around it. Just beyond this tower, and the nearby slipway, is a gap in the sea wall (marked by a route way mark) which will lead us down to a concrete platform running beside the beach.

If the tide allows, descend the steps.

At the bottom of the steps turn left and walk along the concrete platform towards an imposing granite house with a round tower at its heart. Where the platform finishes, turn left, to climb the stairs to the promenade above. Here turn right.

When the promenade joins the golf links, continue straight ahead along the path that runs alongside the seawall.

After the second gun emplacement, continue along the sandy path beside the seawall. Once past a raised section of anti-tank wall, abandon the path and bear left to skirt a hedge that surrounds an unusual property built on a Napoleonic redoubt.

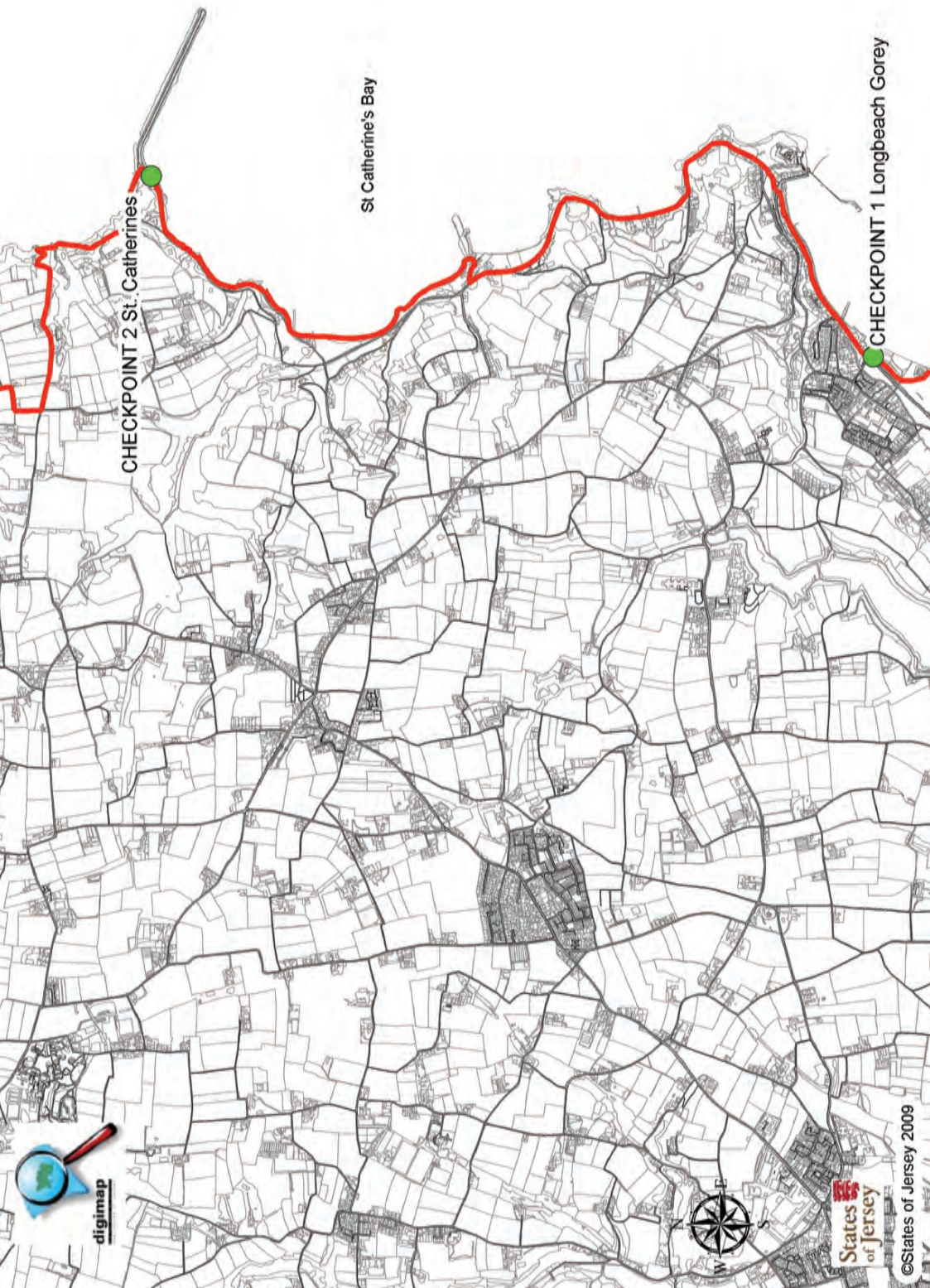
On reaching the gravel track that serves this house, descend it, to enter the car park ahead through a narrow gap in the bank.

Checkpoint 1: Longbeach Car Park, Gorey (Refreshment Stop Only – No Bags)

Section Length: 12.6 km / 7.8 miles Start time

Cumulative Distance: 12.6 km / 7.8 miles Finish time

[Before leaving checkout with the marshal](#)



Longbeach Car Park to St. Catherine (Breakfast Stop)

Leave the car park by a similar gap in the bank at the far end. Immediately turn left and then right to regain the pavement beside the main road. Look out for another, more modern, parish boundary stone set into the wall a few yards ahead.

Pass a row of charming granite cottages, then turn right briefly, to get onto the tarmac promenade that skirts the beach. Walk along towards the harbour. Near the end of the promenade, notice the shipbuilding sculpture among the gardens on the left. This serves as a memorial to the numerous boatyards that occupied the foreshore during the 1800s.

When we reach the bus shelter at the end of the promenade, turn left to cross over to the shops on the other side. Then turn left to walk towards the road that climbs ahead. Walk on for a short distance, but when the buildings end, turn hairpin right to ascend a narrow path that goes to Mont Orgueil Castle. At the top, cross a gravel track and bear right to climb some steps onto the Castle Green. Cross the green, heading towards the road on the left hand side, then follow the road as it falls away in the distance.

Walk along the roadside for about half a mile. The pavement reappears as we leave Anne Port. The road rises and a wide pavement takes us past a disused quarry at La Crete Point. Though the pavement ends shortly, we are able to continue on the verge for a good way until we reach a hedge that skirts the road.

From here we want to follow the coastal path to St. Catherine's Lifeboat station, cross the top of the slipway and follow the path to St Catherine's passing directly in front of the tower.

The path rises and, after passing through a cutting, arrives above Belval Cove. Cross the tarmac lane that runs to the beach, bear right and walk down some steps to reach the coastal path again.

Climb the steps that come in from the left, turn right and walk next to the road for a few yards. Go between some granite pillars on the right to cross a grassy barbeque area. This last short stretch of seawall takes us to some steps which bring us out on the roadside. Here, turn right to walk towards the breakwater for breakfast.

Checkpoint 2: St Catherine (Breakfast Stop – Bags Available)

Section Length: 5.0 km / 3.1 miles

Start time

Cumulative Distance: 17.6 km / 10.9 miles

Finish time

[Before leaving checkout with the marshal](#)